



Knowledge is Prevention

Preventing substance abuse by sustaining & strengthening a safe and healthy community, together.

The Royal Oak Community Coalition Invites you to a Meet-n-Greet the Candidates for 44th District Judge April 19th—7:30pm—8:30pm

Come meet the judicial candidates for Royal Oak 44th District Court at the next Coalition general meeting. Candidates **Carlo Ginotti** and **Derek Meinecke** will meet with Coalition leaders and meeting attendees.

The candidates will each have 20 minutes to highlight their experiences, background, and express their vision for how the judicial sector and court room can best serve Royal Oak.

Understanding their views as they relate to coalition's work and prevention are important issues. The Coalition knows the complexities of fair and just ruling on drug and alcohol related cases and the opportunities the court system can utilize to be a part of the solution to reducing substance abuse.

Meeting location is: 1500 N. Stephenson Hwy, Royal Oak, just S. of 12 Mile Road, directly across the street of the former St Dennis Elementary School. For more information email dodvico@royaloakcommunitycoalition.com or call ROCC at 248-546-7622.

The Coalition thanks Judge Daniel Sawicki for many years of service to our community. He has dedicated his life to assuring Royal Oak is a safe place to live, visit and work.

Attend and Add Validity to Your Life

There's still time to sign up—Breath Free

Dr. Weaver will present the first of 7 helpful and effective Smoking Cessation workshops on Thursday April 12 from 7:30 to 9 pm at the Royal Oak YMCA at 1016 W. Eleven Mile Road in the Erie Room! There is still space available so if you know of anyone else who would like to attend just bring them along! The program is free! Not sure if you can really do it, come anyway and give it a try.



The Take Back Initiative

April 28, 2012 10:00am—2:00pm

The Drug Enforcement Administration (DEA) has scheduled another National Prescription Drug Take-Back Day which will take place on Saturday, April 28, 2012, from 10:00 a.m. to 2:00 p.m. This is a great opportunity for those who missed the previous events, or who have subsequently accumulated unwanted, unused prescription drugs, to safely dispose of those medications.

**Bring your old meds to
The Royal Oak Police Department
221 E. Third Street**

(just south of 11 Mile Rd., East of Farmers Market)

Volunteers from the **Royal Oak Community Coalition** will be on hand to facilitate the process and provide educational materials. If you have questions about how to safely dispose of old medicine, please call the Coalition office at 248-546-7622 or visit our website at www.ci.royal-oak.mi.us/rocc.

***** SPOTLIGHT *****

Modern Skate & Surf is a corporate sponsor of the Royal Oak Community Coalition. **Owner George Leichtweis** is all about kids. His heart is keeping kids safe while providing a great time learning and honing skate boarding skills. Skate boarding builds strong muscles, increases focused attention and gives kids a place to be themselves. George honors kids with good report cards with a discount.

Modern Skate and Surf is now in their 34th year of business in Royal Oak! Having started in 1979 with an 800 sq ft retail store at the base of the water tower to the Detroit Zoo (BEFORE 696 highway was built!), they have grown to TWO Royal Oak locations with their retail store at 29862 Woodward and a World Class Indoor Skate Park at 1500 N Stephenson Hwy. Whether you snowboard or inline skate recreationally, or Aggressive Inline skate, Skateboard or BMX at their extreme skate park, you should stop in and say "hi" to this long standing Royal Oak business.

The Royal Oak Community Coalition salutes George for helping us help the community. Thank You George!



Congratulations!!!

Congratulations to **Joanne Beher**, who is our Kohl's Gift Card winner. Joanne was one of over 300 parents who participated in an anonymous survey. Questions asked their perception of risks associated with adolescent use of alcohol, marijuana and illicit use of

prescription drugs and their knowledge of how young people access drugs and their role in curbing use. Results of the survey will be announced in late May.

April is Alcohol Awareness Month

Resources to Give You The Facts

Alcohol Screening Have you asked yourself, "Is the way or amount I drink harming my health? Should I cut down on my drinking"? Answering these questions will take only a few minutes, and you will get a personalized results based on your age, gender and drinking patterns. It's anonymous and free. Log on www.alcoholscreening.org This is a free service of Join Together, a project of The Partnership at Drugfree.org and Boston University School of Public Health.

Find Help If you are worried that alcohol may be harming your health or that your drinking patterns are putting you at risk, help is available. Find the right drug abuse treatment program or alcohol abuse treatment program with the **Substance Abuse Treatment Facility Locator - www.findtreatment.samhsa.gov** Sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA)

Alcoholics Anonymous General Services of Southeast Michigan.

The Official Web Site for Area 33 General Services Of Southeast Michigan. Meeting Directory, Hotline, Public information. Log on to www.aa-semi.org

Save Lives and Build a Stronger Community



Kids hurt when parents over drink.

Help for kids can be found by contacting Maplegrove. Henry Ford Behavioral Health- *West Bloomfield, Michigan*

The children programs at Maplegrove are **free**, fun programs for children and teens exposed to alcoholism, addiction, mental illness or other major family stresses. Through a series of guided exercises, children learn about addiction, appropriate expression of feelings, safe decision making, support resources and self-esteem.

A parenting component includes the same exercises as the children in order to increase family understanding and communication as well as skill-building activities based on the "Parenting for Prevention" video series.

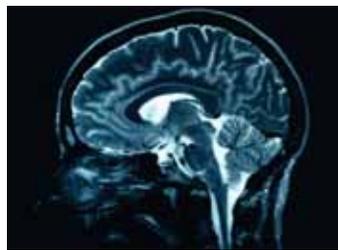
Who: Children ages 5-18.

When and Where: An evening series is held in the fall and winter at the Henry Ford Maplegrove Center. Summer sessions are available both during the day and evening at many locations.

Cost: Free

Registration: Registration is required, Call 248-661-6170

Alcoholism is an addiction and that can be controlled with professional help. All you have to do is make a phone call or click on a website. Take it step by step and you will discover there is support to help you.



The Science of Brain Addiction

New science research has discovered how alcohol and drugs alter and change the structure and working of the brain.

Scientists now answer the question, why and

how do people become addicted? How do alcohol and drugs change behaviors and decisions?

On Thursday, May 3 at 6:30 in the Friends Auditorium, **Chris Allen Shreve**, MALPC, an experienced counselor and psychology educator will use an illustrated Power Point presentation to take you on a fascinating journey into what scientists now know about how drugs and alcohol alter the brain and how they affect behavior. His presentation style will keep your interest and use language that everyone can understand:

- **Brain Addiction**
- **How alcohol affects the developing teen brain**
- **The legal and financial consequences of alcohol convictions**

Joining us will be **Jack Salter**, former 44th Circuit Court probation officer. Jack has worked with young people and a vast knowledge of the lifelong consequences following a conviction for Driving Under the Influence (DUI) or Minor in Possession (MIP).

This program is recommended for both teens and adults.

Knowing the basics of addiction will empower you to:

- Have a factual conversation with others about how the brain can be high-jacked by alcohol, nicotine and drugs.
- Explain how early alcohol and drug use over time can cause brain changes that impair a person's self-control and ability to make sound decisions. Some brain effects can last a life-time.
- The legal and financial ramifications of alcohol and drug convictions that can cripple a person's career and college choice and even eliminate scholarship and grants considerations.

A free booklet will be provided. Please check with your teacher, as some science or health educators may award extra credit for student attendance. We will provide proof of your attendance.

Registration is suggested. Visit www.ropl.org or call the adult reference desk at 248-246-3727. In collaboration with the Royal Oak Community Coalition.

Please share this newsletter. You are encouraged to reprint, copy, disseminate, recycle—the more you help get the word out, the more people are aware because

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(248) 546-ROCC (7622)



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