

SUPPORT GROUPS

Alzheimer's Support Group

Monday, May 21 **10 am**
You are not alone in trying to cope with a friend or family member afflicted by Alzheimer's Disease. Join anytime.

Aphasia Support Group

Thursdays **10 am**
A weekly support group meets at the Center for adults with communication disorders. Gain support from others on your road to recovery. Drop-in any Thursday. For more information call **Cathy Yourchock, Outreach Administrator** (248) 246-3917.

Deaf Assistance Group

Wednesdays **9 am**
Our Center welcomes deaf adults for socialization each Wednesday. Linda Schwab, on staff, interprets and provides assistance in accessing Center programs and community resources.

Financial/Investment Aide

3rd Thursday, June 21 **10 am**
Hantz Fincial will provide financial and tax advice and offer a complimentary review of your current investment portfolio. Call (248) 246-3900 to reserve your free 30-minute appointment.

Hearing Tests/Cleaning Hearing Aids

2nd Tuesday, May 8 **1 pm**
Premium Hearing Solutions will provide free Hearing Tests and Hearing Aid Cleanings the second Tuesday of each month. 15 min appointments, call (248) 246-3900.

Legal Aid

3rd Thursday, May 17 **1 pm**
Royal Oak Attorney **Kent Schultz** provides free 15-minute consultations to senior citizens. A fee will be charged for additional services. Call for an appointment (248) 246-3900.

P.A.L.(Positive Attitude Living)

Fridays **10:30 am**
What is joy? In today's fast-paced world it seems we sometimes forget the fun of living. Join this group to enrich your life and meet new friends. Bring your ideas for positive change to share with this group. Newcomers welcome!

Visually Impaired Adults

Tues, May 15 **12:30 pm**
Resources and techniques for safety and independence will be shared. **Sharon Kirchner**, Certified Orientation and Mobility Specialist will lead this group. Drop-in.

TRANSPORTATION

Transportation is available for resident's age 60 or older, and adults who are permanently disabled. Door-to-door service is provided to those with mobility problems who need to be personally escorted to the buses. Handicap lifts are available. Drivers will assist with purchases. Call (248) 246-3914 between the hours of 9:30-12:30 to arrange your transportation needs. Call up to 2 weeks before your appointment, \$3 contribution for each one-way trip or \$4 round trip. Prepaid tickets are available: \$19/5 round-trip tickets. This service is funded and operated by the joint efforts of the City of Royal Oak, SMART Municipal and Community Credits funds and William Beaumont Hospital.



Royal Oak Senior Essential Services (R.O.S.E.S.) provides supportive services to Royal Oak residents aged 60 and over. Clients pay directly to the contracted worker for services. A \$5 annual registration fee is required. Provisions can be made for persons unable to pay. Call (248) 246-3918 Monday-Friday.

- **Home Chore** - If you reside in Royal Oak, you are eligible to have Household tasks such as snow-shoveling, yardwork and housework, laundry and gutters (first level only) cleaned for you. No windows, weeding or wall washing.
- **Home Repair** - Home repairs that do not require a licensed contractor are available to homeowners. Repairs including minor plumbing, carpentry and minor electrical. No roofing.
- **Personal Home Care** - Includes assistance with activities of daily living, bathing, feeding, dressing and help with ambulation.

OUTREACH

Our Outreach Administrator helps residents aged 60 and over obtain needed services. Please call (248) 246-3917 with your concerns about personal care, prescription assistance, housing or any other independent living needs. An in-home visit to assess needs is available through this service at no cost.

ADJACENT GENERATIONAL EXCHANGE (A.G.E.)

Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

Looking for a Few Good Volunteers!

The Senior Center is always looking to introduce new programs. Do you have a few hours of time to spare each month? Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Tara Forton, Volunteer Coordinator at (248) 246-3917. Sponsored by a grant from William Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.



EMERGENCY CELL PHONE PROGRAM

The Senior Community Center is distributing cellular telephones (including battery and charger). Residents who are 60 and over or permanently handicapped may receive a phone for emergency (9-1-1) calls **only**. Residents must sign a waiver releasing the City of Royal Oak from any liability.