SUPPORT GROUPS

Alzheimer's Support Group

Monday, June 24 **10 am**

You are not alone in trying to cope with a friend or family member afflicted by Alzheimer's Disease. Join anytime.

Aphasia Support Group

Thursdays **10 am**

A weekly support group meets at the Center for adults with communication disorders. Gain support from others on your road to recovery. Drop-in any Thursday. For more information call **Tara Forton, Outreach Administrator** (248) 246-3917.

Deaf Assistance Group

Wednesdays **9 am**

Our Center welcomes deaf adults for socialization each Wednesday. Linda Schwab, on staff, interprets and provides assistance in accessing Center programs and community resources.

Financial/Investment Aide

3rd Thursday, June 20 **10 am**

Hantz Financial will provide financial and tax advice and offer a complimentary review of your current investment portfolio. Call (248) 246-3900 to reserve your free 30-minute appointment.

Hearing Tests/Cleaning Hearing Aids

Tuesday, July 9 **1 pm**

Premium Hearing Solutions will provide free Hearing Tests and Hearing Aid Cleanings the second Tuesday of every other month. 15 min appointments, call (248) 246-3900. ***Premium Hearing Solutions will be coming every other month.***

Legal Aid

3rd Thursday, June 20 **1 pm**

Royal Oak Attorney **Kent Schultz** provides free 15-minute consultations to senior citizens. A fee will be charged for additional services. Call for an appointment (248) 246-3900.

P.A.L.(Positive Attitude Living)

Fridays **10:30 am**

PAL is a group of Seniors who meet for a casual discussion on various topics every Friday morning. All are welcome to join us every week or to drop in once in a while.

EMERGENCY CELL PHONE PROGRAM

The Senior Community Center is distributing cellular telephones (**including battery and charger)**. Residents who are 60 and over or permanently handicapped may receive a phone for emergency (9-1-1) calls **only**. Residents must sign a waiver releasing the City of Royal Oak from any liability.

TRANSPORTATION

Transportation is available for resident's age 60 or older, and adults who are permanently disabled. Door-to-door service is provided to those with mobility problems who need to be personally escorted to the buses. Handicap lifts are available. Drivers will assist with purchases. Call (248) 246-3914 between the hours of 9:30-12:30 to arrange your transportation needs. Call up to 2 weeks before your appointment, $3 contribution for each one-way trip or $4 round trip. Prepaid tickets are available: $19/5 round-trip tickets. This service is funded and operated by the joint efforts of the City of Royal Oak, SMART Municipal and Community Credits funds and William Beaumont Hospital.

R.O.S.E.S.

Royal Oak Senior Essential Services (R.O.S.E.S.) provides supportive services to Royal Oak residents aged 60 and over. Clients pay directly to the contracted worker for services. A $5 annual registration fee is required. Provisions can be made for persons unable to pay. Call (248) 246-3918 Monday-Friday.

- **Home Chore** - If you reside in Royal Oak, you are eligible to have Household tasks such as snow-shoveling, yardwork and housework, laundry and gutters (first level only) cleaned for you. No windows, weeding or wall washing.
- **Home Repair** - Home repairs that do not require a licensed contractor are available to homeowners. Repairs including minor plumbing, carpentry and minor electrical. No roofing.
- **Personal Home Care** - Includes assistance with activities of daily living, bathing, feeding, dressing and help with ambulation.

OUTREACH

Our Outreach Administrator helps residents aged 60 and over obtain needed services. Please call (248) 246-3917 with your concerns about personal care, prescription assistance, housing or any other independent living needs. An in-home visit to assess needs is available through this service at no cost.

MEDICARE MEDICAID ASSISTANCE PROGRAM

MMAP counselors are available for assistance in choosing the right health plan for you. For questions regarding Medicare, Medicare Part D prescription plans and Medicaid, please call **Tara Forton** (248) 246-3917. In person assistance by appointment only.

ADJACENT GENERATIONAL EXCHANGE (A.G.E.)

Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

Looking for a Few Good Volunteers!

The Senior Center is always looking to introduce new programs. Do you have a few hours of time to spare each month? Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call **Tara Forton**, Volunteer Coordinator at (248) 246-3917. Sponsored by a grant from William Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.